Newsletter

Thursday 27th January (No.19)

A message from Miss Fisher

Playtimes are always full of smiles here at Newtown and getting outside with the children is my favourite part of the day. We always ensure that there is plenty for everyone to do. Children can choose from skipping, ball sports, Lego, Knex, tennis, dressing up on the stage, or even learning how to use diablo.

On the KS1 playground, children also enjoy playing with small world toys.

We have been very lucky this week to have had a donation of toys for Willow class children from Longleat! We were given a great selection of brand new toys including; speed boats, pirate ships, taxis, race cars and princess parades. As well as keeping a great selection in school for the children to enjoy when playing, we will also be sending home one speed boat for each child in Willow class to enjoy at home. We are extremely grateful for this donation, as small world toys, such as these, give the children an opportunity to extend their play, develop their communication with their friends and make up their own stories. A huge thank you to the Longleat team!









Safeguarding



Is your child getting enough sleep?

Why do we need a good night's sleep?

A good night's sleep is essential to feeling good, being able to learn and staying healthy. A lack of sleep can result in your child arriving at school feeling unwell and unable to learn. If you, or your child, is struggling to get a good night's sleep, follow these top tips:

- **Think about your bedtime routine - What time do you go to bed? If you are going to bed too late, you will not get enough sleep. Try bringing your bedtime forward by 20 to 30 minutes at a time.**
- **Make sure you are tired before going to bed - the less time you spend awake in bed, the better.**
- **Have at least 15 minutes of quiet time before going to sleep so that your body and brain can relax and prepare for sleep.**
- **Don't use your phone or computer before bed - this can stimulate your brain and make it more awake.**
- **Try having a lukewarm bath as this can help your body to relax.**
- **Try to go to bed at the same time every day once you have a settled routine.**
- **Choose a relaxing activity before bed, such as reading or listening to calm music.**
- **Create a cosy environment. Is the room dark enough? Is the room at the correct temperature… not too hot and not too cold?**

Avoid screens in the bedroom

Tablets, smartphones, TVs and other electronic gadgets can affect how easily children get to sleep. Older children may also stay up late or even wake in the middle of the night to use social media. Try to keep your child's bedroom a screen-free zone and get them to charge their phones in another room. Encourage your child to stop using screens an hour before bedtime.

How much sleep should my child be getting?

The NHS recommend the following amount of sleep for different ages.

Age	Amount of sleep
5 years old	11 hours
6 years old	10 hours 45 minutes
7 years old	10 hours 30 minutes
8 years old	10 hours 15 minutes
9 years old	10 hours
10 years old	9 hours 45 minutes
11 years old	9 hours 30 minutes
12 and 13 years old	9 hours 15 minutes
14-16 years old	9 hours

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COME AND LEARN ROCK & POP MUSIC
WITH FRIENDLY TUTORS!

(PACKED LUNCH BEFORE THE FINAL PERFORMANCE)

13:00 CONCERT ALONGSIDE
WILTSHIRE YOUNG MUSICIANS
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CONCERT TICKETS £10/£6 U-18S

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Capstone foster care

Thinking about Fostering?



Your spare room has more to give

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Make it into a new opportunity, a new home, a safe space, a new start for a child or young person.

To find out more call:
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SIX
TEEN EDITION

OPEN AUDITIONS
SUMMER '26 PRODUCTION

Sunday 25 January 2026
10:00 am – 1:00 pm
St Augustine's College, Trowbridge

Led by our professional Director, Musical Director, and Choreographer. Auditions are open to young people aged 11–16. All experience levels welcome.

★ WHAT TO EXPECT

A fun, friendly workshop-style audition led by our creative team. No preparation needed — you'll be guided through singing, acting, and dance on the day.

We're looking for enthusiasm, commitment, and a positive attitude as much as experience.
This is a fantastic opportunity to be part of an exciting show!

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Superstars



Rune,
Hashir,
Ariana,
Laura,
Gideon
& Tilly

Attendance

138 children had 100% attendance in the last week, are awesome!

Maple class were the best at being in & on time every day last week.
Well done Maple class!

2 Penalty Notice Applications have been made so far this academic year.

Absence line 01225 752678 option 1



Congratulations to Ash, Beech & Oak classes who are all top of the leader board this week! Please encourage your child to log on and play.

Home - Times Tables Rock Stars

Dates for Diary

13/02/2026	Last day of term 3
23/02/2026	First day of term 4 - children back to school
15/04/2026	Sycamore class visiting Farleigh Hungerford